



# Pure Bliss

...pure indulgence in health & beauty

★★★★★ 'award winning salon'

price list

# Welcome to Pure Bliss

The best kept secret in the city!

In the 21 years that we have been established the salon has quickly become one of the most popular in the North East, building up a respected loyal clientele.

We were awarded Decléor Regional Salon of the Year for 5 consecutive years, a prestigious award in the beauty industry, that recognises our salon and staff as being truly the best at what we do! Out of 100 salons, this was a huge achievement. We were also awarded Guinot Crown Salon in January 2023.

We invite you to experience the most wonderful treatments from the relaxing Decléor and Aromatherapy Associates treatments, to the most advanced medical based treatments, Environ, Omnilux light therapy, C.A.C.I., Microdermabrasion, Guinot, Hydrofacial, IPL and 3-D Lipo, there is something for everyone.

Our luxurious treatment rooms are a sanctuary for the senses. Aromatic candles, relaxing music, heated treatment beds and most importantly the caring touch of our highly trained therapists who pride themselves on making your visit a unique and most enjoyable one. An experience you will wish to repeat again and again! Sit back, relax, read on and enter the world of Pure Bliss - enjoy. X



*Lisa X*



GUINOT ELITE  
CROWN SALON



'Decléor Platinum  
Salon 2014 - 2022'



'Decléor Aroma  
Gold Plus Salon 2007 - 2013'



'Decléor Aroma Gold Salon  
2005 - 2006'



# Special treats at Pure Bliss

## Calm Time

**£55.00**

Time  
Precious Facial  
Back Massage

50 mins

## Girls Night In

**£75.00**

Back Massage  
Time  
Precious Facial  
Express Gel  
Manicure

1hr 30 mins

## Party Time

**£75.00**

Express Gel  
Manicure  
Express Gel Pedicure  
Spray Tan

1hr 20 mins

## Pure Escape

**£75.00**

Back Massage  
Time  
Precious Facial  
Tranquility Scalp  
Massage

1hr 20 mins

## Ultimate Bliss

**£95.00**

Time  
Precious Facial  
Tranquility  
Scalp Massage  
Signature  
Massage

1hr 40 mins

## The Gentle-man

**£75.00**

Deep Tissue Back  
Massage  
Express Energy  
Facial  
Tranquility Scalp  
Massage

1hr 20 mins

## Gift Vouchers

Treat a friend  
or loved one to  
a Pure Bliss  
gift voucher  
available in any  
amount, treatment  
or package.

# Guinot Facials

## Hydradermie Youth..... 1hr..... £70

Achieve immediate results with Guinot's signature treatment created as the alternative to aesthetic medicine. Using dynamic ionisation and thermal energy, this patented technology is designed to boost the skin's cellular energy to enhance and rejuvenate the complexion. This unique, age-defying treatment has 8 bespoke variations prescribed by your therapist to suit your skin type and beauty concerns; allowing you to achieve exceptional, visible and clinically proven results after just one treatment.

## Hydradermie Age Logic..... 1hr 15mins..... £82

A treatment designed to target the advanced signs of ageing and puts extra focus on the eye contour, neck and décolleté for an all-compassing age defying result. Wrinkles will be visibly reduced and the skin will feel renewed.

## Hydradermie Lift..... Express 30mins..... £45     60mins..... £60

This revolutionary treatment stimulates the facial muscles to deliver visible improvement in tone and definition of the facial contours, giving a 'lifting' effect. Treatment course recommended for optimum results.

## Hydradermie Eye Lift..... 45mins..... £50

Using a combination of machine technology and active ingredients, this treatment targets signs of ageing and tiredness around the eye area, including fine lines, wrinkles, puffiness and dark circles.

## **NEW** Hydra Summum..... 45mins..... £70

The ultimate Hydrating facial highly concentrated in Hyaluronic acid to help hydrate and fill lines and wrinkles. A two-part massage, the first part helps to decongest skin tissue while the second part has energetic movements to restore density and radiance to the skin. Concluding with a fresh gel texture mask to soothe and saturate the skin with moisture due to, two key active ingredients, Hydralgol complex and hyaluronic acid. The skin looks plumped smooth and intensively moisturised.

## Age Summum..... 50mins..... £85

**The "Anti-Ageing" Treatment.** The ultimate manual treatment that erases signs of ageing from the face, neck, décolleté and hands. Enriched with highly concentrated Vitamin C & Hyaluronic Acid to firm facial tissue and combat skin slackening, our unique Age Summum Serum activates the skin's immune system to help fight against the skin's ageing process, two unique masks are used to treat the face, neck, décolleté and hands. Fine lines and wrinkles are smoothed and a youthful radiance is restored.

## Lift Summum..... 50mins..... £70

Using a wide range of active ingredients and massage techniques, this firming treatment will reduce signs of fatigue and ageing, restoring a more youthful appearance and glow. This is a perfect Mother of the bride treatment!



## Hydraclean..... 30mins..... £40

**The deep cleansing treatment.** The perfect introduction to regular skincare. This 30 minute deep-cleanse treatment uses a unique combination of a hands-on massage and the Thermoclean patented heated device to rid the skin of its impurities, whilst warming and relaxing the skin. Skin instantly appears brighter and clearer, with a radiant complexion.

## **ADD ON** to any Guinot facial.....25mins...£25

Deep cleanse ONLY.....10mins...£10

## Détoxygène..... 50mins..... £60

**The anti-pollution treatment.** The Détoxygène treatment effectively removes pollution particles and daily toxins from the skin. Perfect for those exposed to atmospheric pollution, work in a confined environment, or have a stressful and fast paced lifestyle.

## Equilibre Pureté..... 40mins..... £50

An exclusive treatment that reduces excess sebum and rebalances the skin. The heated enzymatic double action exfoliator eliminates dead skin cells and refines and clears pores. Followed by a regulating purity mask with Kaolin and Green Clay to purify the skin deep down. The treatment finishes with a corrective serum and moisturiser to target your concern, leaving the skin feeling fresh and shine free.

## Hydra Peeling..... 45mins..... £65

Guinot created the Hydra Peeling treatment to reduce signs of ageing, improve the complexion and reduce dark spots. This treatment is a bona fide alternative to aesthetic medicine, offering visible results and radiance after just one treatment. This treatment can be prescribed based on your skin's sensitivity levels.

## Hydradermie Lift Deluxe

### 1hr 45mins..... £120

A combination of Hydradermie Age Logic and Hydradermie Lift. Using firming active ingredients, muscle stimulation and age-defying techniques, giving you the ultimate lifting facial.





# Face and Body Treatments

## Facial Treatments

**Time Precious**.....30mins .....**£35**

This discovery facial is ideal for a quick pick me up when time is of the essence.

**The Classic Aromatic**.....1hr .....**£60**

The perfect introduction to the Pure Bliss experience incorporating a relaxing cleanse and tone with the revitalising effects of a natural exfoliation. A relaxing face, neck and shoulder massage and cream mask chosen specifically for your skin type. Leaving your skin toned and refreshed. This treatment begins with a wonderfully relaxing back diagnostic massage and includes your choice of a foot, hand or scalp massage.

**Add on Omnilux Red Light Therapy or Light Fusion**  
to any facial.....**only £25**

**Beauty Tapas** 10 mins.....**£10**

Can be added to any spa treatment

- Anti ageing hand treatment
- Cooling leg massage
- Foot reviver
- Scalp massage
- Stress buster back massage



## Body Treatments

**Purifying Back Cleansing & Treatment**.....40mins .....**£50**

The back is often a neglected area, this complete treatment acts like a facial. A unique diagnostic massage combined with deep cleansing, purifying and balancing. Essential oils will decongest, hydrate and restore clarity leaving the skin clearer, brighter and healthier.

**Radiant Mum 2 Be** .....50mins .....**£55**

.....80mins .....**£75**

When you are about to become a mother you have many concerns, let our therapists take complete care of your skin throughout your pregnancy and for the first few months as a new mum. This nurturing treatment will help to preserve the tone of your skin, reducing the risk of stretch marks, lighten your legs and brighten your complexion to ensure you look as radiant as you feel. Bliss for mum & baby! A full top to toe, to pamper mum to be.

**NEW** **Aromatherapy Associates Inner strength and resilience treatment**

A truly nurturing treatment to fortify and strengthen the mind and body through difficult times. Using a powerful blend of clary sage, cardamom & Frankincense it detangles the spirit and elevates confidence. Breathe deeply whilst warm, rich products are applied soothingly during this emotionally strengthening treatment.

**Body Treatment - 60 mins**.....**£65**

- Inhalation with guided breathing
- Hot stone placement to solar plexus
- Aromatherapy Body Massage

**Body & Face - 90mins**.....**£85**

- Inhalation with guided breathing
- Hot stone placement to solar plexus
- Discovery Rose Renew facial
- Aromatherapy Body & Scalp Massage

*\*Highly recommended during peri-menopause and menopause*

# Specialised Massages

## Pure Bliss Signature Massage

25mins.....	<b>£32</b>	60mins.....	<b>£62</b>
40mins.....	<b>£44</b>	80mins.....	<b>£80</b>
50mins.....	<b>£54</b>	90mins.....	<b>£85</b>

Our massage therapists have designed this unique massage which incorporates all our favourite moves from various massage techniques. A sensory test is carried out at the beginning to determine which oil will be used on your treatment journey.

## Aroma Back Relief..... 30mins..... **£37**

The ultimate in relaxation - the back, neck and shoulders are exfoliated and then massaged with a warm aromatic oil to ease away stress and tension.

## Tranquillity Scalp Massage..... 25mins..... **£30**

Drift into a deep relaxation with this sublimely calming massage. All traces of tensions are gently eased from scalp, décolleté, neck and shoulders and the soothing Essential Oils enhance the calming experience.

## Deep Tissue Massage..... 25mins..... **£36** 50mins..... **£60**

A deep tissue treatment designed to work on stiff, tight and fatigued muscles and joints. Combining the power of 100% pure aromatherapy oils and gels with a very specialised massage technique. Give your body the attention it deserves.

## Aromatherapy Hot Stone Massage..... 25mins..... **£36** 50mins..... **£60** 80mins..... **£80**

Indulge your mind, body and senses in this deeply relaxing massage with heated volcanic stones and aromatherapy oils. The ultimate in deep relaxation.

## Indian Head Massage..... **£35**

Indian head massage is a relaxing holistic treatment that uses acupressure massage on the head, face, neck and shoulders. It aims to rebalance your body's energies. Performed whilst seated.

## Reflexology..... **£42**

## Foot Heaven..... **£52**

Reflexology followed by a cooling leg massage, to help water retention, poor circulation and tired restless legs. This will leave your legs feeling lighter and refreshed.

## Lava Shell Massage..... 60mins..... **£68**

The ultimate massage using warm porcelain shells and relaxing aromatherapy oils, to indulge your body into a deep state of relaxation, releasing tension and stress. A must have for body rejuvenation.

## NEOM Treatments

30mins.....	<b>£40</b>	60mins.....	<b>£70</b>	90mins.....	<b>£90</b>
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All treatments begin with an opening ceremony to include reflex foot massage and breathing techniques. Choose from: Sleep, De-Stress or Mood Boosting


## Aromatherapy Associates 'The Real Aromatherapy Experience'

30mins.....	<b>£35</b>	60mins.....	<b>£65</b>	90mins.....	<b>£85</b>
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Ease away the day's stresses and strains and bring body and mind back into balance, using the best of massage traditions from East and West. Carefully applied pressures stimulate the nervous system while Swedish and neuromuscular massage techniques support a healthy circulation and soothe the body.



# The Nail Spa Heavenly Hands

O·P·I gel  Seche  CREATIVE

**Express Manicure**..... **£28** ..... **£32**

- File and Shape
- Cuticle restore and refresh: a gentle push and a nourishing treatment oil to finish
- Painting to perfection with your choice of polish or gel
- Hand cream application

**Deluxe Manicure** ..... **£32** ..... **£37**

- File and Shape
- Full cuticle work
- Skin scrub with 100% natural exfoliation for brighter softer skin
- Hot towel cleanse & Hydrating hand massage
- Painting to perfection with your choice of polish or gel

**Deluxe Spa Manicure** ..... **£40** ..... **£45**

- File and Shape
- Extensive cuticle work
- Foot exfoliation with 100% natural exfoliation for brighter softer skin
- Anti-aging hand mask
- Heated mitts
- Hot towel cleanse & Hydrating hand massage
- Painting to perfection with your choice of polish or gel

**File and Polish**..... **£22** ..... **£27**

## Gel Overlays and Gel Extensions

**BIAB Overlays on natural nails**..... Express **£32**..... Deluxe **£37**

The Gel Bottle iconic Builder In a Bottle treatment is applied as a stand alone manicure, it adds an extra strong layer of strength and protection, Perfect for weaker nails/nail biters or those with a hands on profession. Available in clear and natural colours.

**BIAB Gel FX Extensions**..... **£48**

**BIAB Refresh**..... **£37**

Rebalance, refine and infill with a fresh application of BIAB to continue your nail strengthening journey.

**Gel Removal & Express Manicure**..... **£30**

With Polish      With Gel

## Creative Nail Extensions

**Full Set**..... **£47**      **Nail Repair**..... **£5**

**Infills with Polish**..... **£38**      **Infills with Gel**..... **£40**

**Removals before new set**..... **£15**

**Removal and Express Manicure**..... **£35**

## Fabulous Feet

With Polish      With Gel

**Express Pedicure**..... **£30** ..... **£35**

- Foot cleanse with hot towels
- File and Shape
- Cuticle restore and refresh: a gentle push and a nourishing treatment oil to finish
- Painting to perfection with your choice of polish or gel

**Deluxe Spa Pedicure**..... **£42** ..... **£47**

- Refreshing Spa soak
- Skin scrub with 100% natural exfoliation for brighter softer skin
- Hard skin buffing
- Revitalising foot mask
- File and Shape
- Extensive cuticle work
- Hydrating foot massage
- Painting to perfection with your choice of polish or gel

**Elim MediHeel Pedicure**..... **£45** ..... **£50**

A medical grade spa pedicure treatment which uses state of the art ingredients to remove hard skin and calluses from the feet, includes a deluxe spa pedicure and added benefits of AHA heel peel.

**Elim Heel Peel**..... **£25**

Stand alone heel peel treatment to remove hard skin and calluses.

**Guinot Foot Peeling**.....30mins...**£30**      **ADD ON** to any treatment...**£20**

The rejuvenating foot treatment designed with dry and tired feet in mind. A peeling gel is applied along with a pair of booties which loosens dead skin cells and eliminates rough patches. Guinot's anti-ageing Longue Vie Pieds Treatment is then applied all over the feet to intensely nourish the feet and combat advanced signs of ageing. Feet are left feeling soft, smooth and visibly more youthful.

### ADD ONS

Gel removal before any treatment ..... **£5**

French/ Reverse french/glitter tips..... **£5**

BIAB as a base coat ..... **£3.50**

Nail art 10mins/20mins/30mins ..... **£5/£10/£15**

Please note we only remove our own acrylics and do not remove hard gel

# Nouveau Lashes

State of the art semi-permanent eyelash extensions that give longer, thicker, very natural looking lashes.

Full Set Classic, Hybrid or Russian Lashes.....	<b>£65</b>
Maintenance (every 2-3 weeks)..... 45mins.....	<b>£28</b>
Nouveau Blink & Go.....	<b>£45</b>
Express fast and convenient method using Nouveau Lashes. Can not be infilled.	
Lash Removal.....	<b>£15</b>

# Eye treatments

Eyelash Tint.....	<b>£18.50</b>
Eyebrow Tint.....	<b>£12</b>
Eyelash and Eyebrow Tint.....	<b>£25</b>
Eyebrow Wax.....	<b>£11</b>
Eyebrow Tint and Wax.....	<b>£20</b>

Bright Eyes - Eyelash Tint, Eyebrow Tint & Eyebrow Wax..... **£29.50**

HD Brows..... **£30**

Using a combination of specialised techniques... this treatment aims to help you achieve perfectly shaped brows, tailored to suit you.

Add on - Eyelash Tint to HD Brows or Nouveau Lashes..... **£12.50**

# Brow Lamination

Realigns the brows in such a way to give them the desired shape you want and a fuller look. Includes a brow tint..... **£40**

# Lash Lift

A lash lift will add length, volume and lift to your lashes without the need for lash extensions. Includes a lash tint..... **£45**

# HD Brow Sculpt

Brow Sculpt is brow lamination with a bespoke HD Brows twist. Whether you dream of achieving that full, fluffy eyebrow look, want to create symmetry in uneven brows or tame unruly hairs, our BrowSculpt brow lamination treatment is for you. This corrective treatment helps you to achieve your desired position for up to 6 weeks. .... **£45**

Glamour Eyes Lash Lift and Brow Lamination ... **£70** (saving £15)



**Patch test required 48 hours before Lash Lifts, Tinting, Brow Lamination HD and Precision Brows**



# Finishing Touches

## Spray Tan



..... **£22**

**St Tropez Infinity Clear Tan** - Perfect for Brides ..... **£25**



## Make Up Studio *dellilah*

Cleanse and Make Up ..... **£30**

Make Up with Application Lesson ..... **£45**

Bridal Make Up on Wedding Day ..... **£POA**

Home visits for bridal make up can be arranged POA.



Ear Piercing ..... **£28**

Hopi Ear Candle ..... **£28**

Helps reduce sinus problems & soothe migraine

# Hair Removal

## Lycon Hot Wax

Lycon premium hot wax is designed for delicate and intimate areas. It is used to prevent hair breakages, ingrown hairs and redness. Your waxing experience will be a lot less painful and even hairs as short as 1mm can be removed.

Eyebrow ..... **£12**

Lip or Chin ..... **£10**

Lip and Chin ..... **£15**

Sides of Face or Neck ..... **£14**

Underarm ..... **£16**

Bikini ..... **£17**

High Bikini ..... **£26**

Brazilian ..... **£33**

Hollywood ..... **£37**

**Add on - Half Leg Strip Wax** - (Honey) to any Lycon Bikini wax..... **£15**

**Add on - Full Leg Strip Wax** - (Honey) to any Lycon Bikini wax..... **£25**

## Strip Waxing *Honey Wax*

1/2 Leg ..... **£22**      3/4 Leg ..... **£27**      Full Leg ..... **£33**

## Electrolysis

Say goodbye to unwanted hair with the Apilus advanced hair removal system.

10mins ..... **£17.50**      45mins ..... **£50**

15mins ..... **£22.50**      60mins ..... **£65**

30mins ..... **£35**      *Buy a course of 5 and get 1 Free*

# Men's Treatments

Express Energy Facial.....	30mins.....	<b>£35</b>
CACI Gentleman's Facial.....	1 hr.....	<b>£58</b>
Men's Fitness Facial.....	1 hr.....	<b>£60</b>
Tranquillity Scalp Massage.....	25mins.....	<b>£30</b>

Drift into a deep relaxation with this sublimely calming massage. All traces of tension are gently eased from scalp, décolleté, neck and shoulders, and the soothing Essential Oils enhance the calming experience.

Mani-cure.....		<b>£20</b>
Sports Pedicure.....		<b>£35</b>
Eyebrow Wax.....		<b>£11</b>
Eyebrow Hot Wax.....		<b>£12</b>
Chest or Back Wax.....		<b>£25</b>
Chest and Back Wax.....		<b>from £38</b>
Lash Lift for Men.....		<b>£45</b>

## Lycan Hot Wax

Lycan premium hot wax is designed for delicate and intimate areas. It is used to prevent hair breakages, ingrown hairs and redness. Your waxing experience will be a lot less painful and even hairs as short as 1mm can be removed.



Chest or Back Wax.....		<b>£45</b>
Chest and Back Wax.....		<b>£60</b>

Deep Tissue Massage.....	25mins.....	<b>£36</b>
	50mins.....	<b>£60</b>

A deep tissue treatment designed to work on stiff, tight and fatigued muscles and joints. Combining the power of 100% pure aromatherapy oils and gels with a very specialised massage technique. Give your body the attention it deserves

Hot Stone Massage.....	25mins.....	<b>£36</b>
	50mins.....	<b>£60</b>

# Teen Spa

Catering for teenagers aged 13-17 years. Let our skin care experts guide you on your teen journey to rediscover and show you how to take care of YOU...

Offering treatments for both boys and girls, we are dedicated to re-educating you on your lifestyle choices and overall wellbeing to keep you cool, calm and collected. Giving you the same quality of service at a more affordable price.

## Teen Bespoke Facial..... **£20**

Whether you are battling blemishes or simply looking for a refreshing way to keep your skin smooth and gorgeous. We can take on the most complex of complexions.

## Teen Relaxing Massage..... **£20**

Stress less with one of our muscle-melting massages, to combat muscular aches and pains and help switch you off. Can also help with anxiety.

## Teen Express Manicure..... **£15** ..... with Gel **£18**

## Teen Express Pedicure..... **£15** ..... with Gel **£18**

## Teen Chill Vibes Package

.....60mins **£38**

Back Massage,  
Scalp Massage  
and Facial



## Teen Tan..... **£15**

## Tweenies Pamper (Under 12's)

Little Princess Manicure..... **£13** Little Princess Pedicure..... **£13**

# Specialised Facials

## Skin Consultation.....£25

An in depth consultation with our Skin Care Experts to recommend a treatment plan and to prescribe a homecare prescription. Redeemable off a course of treatments or products.

## Skin Blast.....£65

Microdermabrasion with Omnilux light therapy



## Omnilux Light Therapy

### Omnilux Red Light Therapy Facial.....£50

A totally pure, visible red light used to stimulate and rejuvenate skin tissue, leading to improved skin tone and elasticity.

**Special offer.....3 for £120**

### Omnilux Blue Light Therapy Facial.....£50

A totally pure, visible blue light which kills and neutralizes bacteria to reduce inflammation and redness associated with acne.

## Hydro2Facial

This #FiveStarFacial provides the complete facial solution to target an array of universal skin concerns including dehydration, skin-ageing, loose skin, dull complexion and congestion. By utilising seven different advanced technologies, we can offer more prescriptive, versatile and rounded facials than ever before. These technologies smooth, hydrate and cleanse the skin resulting in a glowing, more youthful appearance.

Bespoke Hydro Facial.....	30 minutes.....	£50
.....	1hr.....	£95
.....	1hr 30mins.....	£140

## Pure Bliss Skin Club

*Are you ready to invest in your skin?*

Join our monthly skin club subscription and give yourself the skin you deserve. You will receive a bespoke 1hr Hydro facial at amazing price of £75, plus other exclusive offers.

*Your journey begins with a thorough consultation with our advanced skin therapist, to include advice on:*

- Nutrition
- Wellness
- Lifestyle
- Home Care

A personalised treatment plan will then be created for you.

# Dermaforce Dermaforce

- Lines & Wrinkles
- Loose Skin
- Sun damaged Skin
- Stretch Marks

A powerful new force in non-surgical skin rejuvenation. Dermaforce is an advanced cutting-edge device combining Microneedling & Radio Frequency (RF) technology to effectively treat a large number of facial and body concerns, with amazing results.

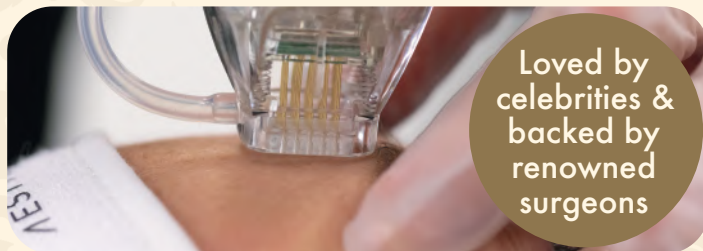
Dermaforce stimulates the body's natural healing process to encourage collagen production of the dermis resulting in anti-ageing and skin tightening.

During treatment, the radio frequency energy is delivered through insulated needles which targets both the deep dermis and epidermis layers of the skin as the energy is emitted throughout the entire surface area.

It is a minimally invasive treatment that greatly reduces fine lines, wrinkles, and lifts skin while promoting collagen and elastin production.

Full face neck and décolleté..... **Treatment £350**  
..... **Course of 3 £700**

Body..... **Price on consultation**  
..... Depending on size of area



Loved by celebrities & backed by renowned surgeons

# Advanced Facial Treatments

**Dermaplaning.....£45**

A celeb favourite dermaplaning removes dull dead skin cells and vellus hair to reveal radiant smooth skin.

**Expert Peel.....£45**

A soft chemical peel to create a new skin for fine lines and wrinkles, imperfections and pigmentation.

**Lightfusion.....£50**

This photo facial is the latest LED technology utilising natural visible red light and near infrared light wavelengths to deliver superior anti ageing results from your first treatment, softens fine lines improves skin tone and brightens the complexion.



## RED CARPET FACIAL

**This is the ultimate overhaul for your skin**

Using a combination of the three facial treatments above this facial is guaranteed to get your skin GLOWING. Perfect prior to any special event includes...

**Dermaplaning • Expert Peel • Lightfusion**

**Special offer only £70.....saving £70**

# Environ Facials ENVIRON®

Environ is a cosmeceutical range of advanced skin care, designed to visually improve your skin by correcting the cells DNA. Environ professional treatments are where relaxation meets science! Using a patented approach to treating the living layers of skin, we are able to push with the ELECTRO-SONIC IONZYME® machine, active ingredients into the dermis, giving you the equivalent of over 70 hours worth of a manual treatment, in just one facial.

Suitable for all skin types environ prescriptive facials are designed to give you visible results in just ONE treatment.

## Bespoke Environ Facial

60mins.....**£65**      90mins.....**£85**

Cool Peel Treatment 60mins.....**£65**

Focus-on Treatment 30mins.....**£45**

Environ can be combined with the following treatments  
for ultimate results

Radio Frequency Skin Tightening.....**+£40**

Omnilux or Light Fusion.....**+£25**

CACI Facial.....**+£40**

**We recommend a course of treatments, we have designed skin care programmes to include treatments, products and supplements from the Advanced Nutrition Programme. Please ask for more information.**

# IPL Treatments

Ellipse used short safe burst of intense pulsed light called IPL technology.

## IPL Hair Removal

Imagine never having to wax, tweeze or shave again! Ellipse Intense Pulsed Light is a medically proven treatment for the safe, efficient and permanent reduction of unwanted hair.

Per Treatment.....**From £40**

## IPL Thread Vein Removal

Thread veins are common on the cheeks, nose and chin. Results can be achieved after 1-3 treatments.

Cheek.....**£75**

Nose.....**£80**

Nose and Cheeks.....**£100**

## IPL Acne/Rosacea/Sun Damaged Skin

Using IPL skin rejuvenation to treat pigmentation and age spots, also targeting premature aging caused by sun damage. For acne Ellipse IPL reduces blood supply to the sebaceous glands, slowing down the production of sebum and reducing blood supply to kill bacteria causing acne and rosacea.

Hands.....**£80**

Face.....**£100**

Face and Neck.....**£150**

Face, Neck and Décolleté.....**£165**

**A patch test is required before all IPL treatments.....£15**

(Redeemable off a course)



# C.A.C.I

Renowned face lift favoured by celebrity clients to re-educate and lift the facial muscles, reducing lines and wrinkles whilst toning sagging muscles and skin, producing immediate and dramatic results. Great for a special occasion or a course of 10-15 is recommended for long term results. **ASK FOR SPECIAL OFFERS ON COURSES OF CACI.**

**CACI Facial**..... 1hr..... **£58**

**Jowl Lift**..... **£28**

Focusing on the lower half of the face to tighten and firm.

**ADD ON ONLY £10** with a CACI Facial

**Eye Revive**..... 30mins..... **£35**

The Eye Revive treatment is a must-have treatment for anyone concerned with ageing and puffiness around the delicate eye area. Soothes tired, puffy eyes, combats dark circles, reduces fine lines and wrinkles and lifts hooded eyes.

**CACI Hydratone**..... **£28**

**ADD ON ONLY £15** when added to a CACI Facial

**The Wrinkle Revolution - Lines & Wrinkles**..... **£28**

**ADD ON ONLY £15** when added to a CACI Facial

**CACI Skin Peeling**..... **£28**

**ADD ON ONLY £15** when added to a CACI Facial

**CACI Lip Plumping**..... **£15**

Do you want an instant pout & kissable lips? This treatment uses the wrinkle comb and LED red light therapy to plump out the top and bottom lip lines. For fuller plumped lips.



## CACI Ultra

**3 Facials in One Session**..... 80mins..... **£75**..... **Saving £39**

• CACI Facial • CACI Skin Peel • CACI Wrinkle Revolution

## CACI Ultra Deluxe

**4 Facials in One Session**..... 90mins..... **£80**..... **Saving £62**

• CACI Facial • CACI Skin Peel • CACI Wrinkle Revolution • CACI Hydratone

## **NEW** CACI Synergy

60mins..... **£75**

90mins..... **£105**

This non-invasive facial features S.P.E.D® Dual Action Technology that provides simultaneous skin rejuvenation and facial toning. This treatment uses microcurrent impulses, to lift and tone and LED light therapy to improve skin elasticity and reduce the appearance of fine lines and wrinkles. Firms your face and gives your skin a more youthful, fresh appearance and glow.



**CACI Synergy Jowl Lift**..... **£40**

**NEW** **CACI Micro-Touch Facial** 45mins..... **£50**

The Micro-Touch Facial combines the muscle toning and lifting benefits of CACI's iconic microcurrent technology with hands-on treatment therapy using the Electro Gloves. The treatment focuses on muscle lift, tension release, deep tissue relaxation, and lymphatic drainage for more sculpted, toned, enhanced facial definition.

# 3-D Lipo

3D-Lipo is one of the most advanced machines of its type and offers a new dimension in non-surgical fat removal, treatment of cellulite & skin tightening in one award winning machine.

## Cryolipolysis (fat freezing)

Cryolipolysis involves safely freezing an area of excess fat via a specially designed cooling applicator, applied to the desired area of fat reduction, to extract energy (cooling) from the underlying fat tissue. Between 20-40% of the fat cells treated begin a natural permanent removal process that continues for 2-4 months in gradual but very noticeable permanent fat layer reduction.

Medium Area.....**£200**

Large Area.....**£250**

## Radio Frequency (skin tightening/fat melting)

As skin matures its connective tissue begins to break down causing wrinkles and other signs of aging, RF energy penetrates the skin layers to heat the skin tissue causing an immediate contraction of collagen fibres, creating a smoother healthier and younger skin. Tightens and firms problem areas.

## Shockwave (cellulite/tightening/firming)

3D Shockwave is a powerful and effective treatment in reducing cellulite, tightening and firming as well as smoothing of the skin. 3D-shockwave can be used as a standalone application or in conjunction with other fat removal or skin tightening treatments to accelerate results.

## Ultrasound Cavitation (fat removal)

Cavitation is body sculpting with no anaesthesia, no scars, no discomfort, no downtime and presents a risk free alternative to liposuction. Cavitation is a natural phenomenon based on low frequency ultrasound. The Ultrasound produces a strong wave of pressure to fat cell membranes. Fat cell membranes cannot withstand this pressure therefore disintegrates into a liquid state. The result is instant natural fat loss on the targeted areas.

Our therapist will create a Bespoke Treatment to suit your individual needs using a combination of RF, cavitation and shockwave.

30 minutes.....**£60**

40 minutes.....**£80**

60 minutes.....**£100**

90 minutes.....**£140**

Radio Frequency Face Skin Tightening.....**£50**

**SPECIAL OFFER - BUY 7 AND GET ONE FREE**



# Pure Bliss

0191 549 9999

58 Sea Road Fulwell Sunderland SR6 9BX

## Opening times:

Monday & Saturday **9am to 5pm**

Tuesday, Wednesday,

Thursday & Friday **9am to 8pm**

Sunday **9am to 4pm**

or book online at [www.pureblissspa.co.uk](http://www.pureblissspa.co.uk)

Download our Pure Bliss App from the App Store

\*Receive 10% off your first online booking



@Pure Bliss Spa



@pureblisssalon\_

We stock products from the following:



**Please note:** A 30% deposit is required for all treatments. 24 hours notice is required to cancel any appointments or a 50% charge will be made. Appointments not cancelled will be charged in full. Booking times may contain client care consultation, treatment and aftercare advice, to maximise your treatment results. Appointments with our Head Therapist will incur a small additional charge.

## Gift Vouchers

Purchase a gift voucher on our app or website and you will receive your voucher by email to yourself or the recipient